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Jefferson Memory Care  
A happier life for everyone...



## Administraton Corner

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March was a great month. The residents enjoyed a Police K9 presentation on the 6th, a St. Patrick's Day party on the 17th, and welcomed the first day of Spring with a party on the 20th as well. We are also seeing continued happiness throughout the community as residents interact with the comfort pets, and as a result, we have added a few more to ensure all residents are able to experience the joy they bring.

We've done some spring cleaning as well! Our carpets throughout the entire community have been professionally shampooed, and our Environmental Services Department is getting ready for some outside clean-up as well! We're eager to start seeing the local fields and prairies turn green and will hopefully see some buds on the trees and bushes soon.

Additionally, April is sure to bring some more cheer, and hopefully some warmer weather too!

Once the warmer weather finally arrives, we'll begin looking into setting up the patio furniture in the front of the building, as well as in our private courtyards! It will be an exciting day when we can finally open up the interior doors to let in some of the fresh spring air!

While we go through our community and complete our spring cleaning, we are encouraging families to bring in/take out any resident items with the change of the season. This is a great time to start getting some of the heavier clothing and bedding put into storage and bring in the clothing and bedding that is more suitable for the warmer weather that will hopefully be arriving soon. If you come across any items that you would like to donate, please let one of the Resident Health Coordinators know, so we can provide some assistance.

-Ericka Goerlitz, Administrator

### SHINING STAR APRIL

#### Lakeyta Steele, RCC3

Please help us congratulate Lakeyta on being April's Star Employee! Always on time, always positive, and always busts her hump to make sure every single resident and employee feel at home and taken care of! She goes out of her way everyday to help everyone and anyone, and always with that beautiful smile of hers! You rock, Lakeyta! Thank you!



Resident Health Services, Tabitha Martin, RN

This month, the nursing department will be experiencing some exciting changes. We are continuing with our comfort pet animal program for the use of all of our residents. In following our workshop training in February and all staff meeting in March, we would like to complete an ongoing project that is close to all of our hearts, getting to know our residents better.

Caring for your loved one is our privilege and something we take great pride in. Here at Jefferson Memory Care, we feel that we can best serve your loved ones by individualizing their care. To do so, we are going to be requesting your help and assistance in developing a binder that will be available to caregivers so they can read and understand where each of our individuals are coming from (i.e. their life experiences, things they enjoy participating in, hobbies, careers, and losses). In understanding these experiences, our staff can customize their response to each resident's needs and behaviors. This can be implemented when residents express confusion, loss, anxiety, and can help guide them through those emotions through emotional support.

We will be sending a form to gain this knowledge for these binders, and we thank you in advance for your help and cooperation in this endeavor.

We will be setting a date soon for a painting class we will be offering for residents to participate in with their loved ones, an opportunity to create a moment of joy and a memory for those who love and care for our residents. The fee will be \$25.00 for the night, and all proceeds will be donated to a local community charity.

Notes From Dietary

Shareen Kinatader, Nutritional Services  
Coordinator

The Nutritional Services Department is full of Spring spirit! We have a new steamer that is a great addition to our kitchen. This will allow us to cook some foods faster and healthier! We also are welcoming a new employee, Heather, to our staff. She is eager to learn, loves to bake, and we will be putting those skills to use for sure! We look forward to trying new recipes and serving the favorites too, as Spring gets into full swing.

Enviromental Services,

Bruce Fuller, Enviornmental Services  
Coordinator

Enviromental Services Department will be busy the next couple weeks with the more than welcome warm weather on its way!

We will be working hard to get the courtyards looking beautiful and ready to use for our residents and visitors. We will be planting flowers and putting patio furniture out in the front porch area as well. With warmer weather comes severe weather too, and April is National Severe Weather Awareness Month. I will be making sure the entire building is Severe Weather ready incase of emergency. Happy Spring everybody!

## RESIDENT OF THE MONTH

Our Resident of the Month for April here at Jefferson Memory Care is Cami W. Cami is one of the sweetest ladies we've ever had the privilege of meeting! She loves sweets, walking, hand holding, and of course cats. She is loved throughout the building and all the residents at Jefferson Memory Care make sure to take care of her and help her out any chance they're given! If you see Cami walking through the halls, give her an extra hug today, but be fast because she zooms across our hallways quickly! Congratulations, Cami!



### Staff Birthdays in April



April 6<sup>th</sup>: Haley P.  
April 13<sup>th</sup>: Cindy C.  
April 16<sup>th</sup>: Angie J.  
April 17<sup>th</sup>: Mary M.  
April 21<sup>st</sup>: Nic H.  
April 22<sup>nd</sup>: Sierra S.

### RESIDENT BIRTHDAYS IN APRIL



**APRIL 5<sup>TH</sup>: MARY SCHWARTZ**  
**APRIL 8<sup>TH</sup>: CAMI WILKE**  
**APRIL 18<sup>TH</sup>: LOIS PADFIELD**  
**APRIL 21<sup>ST</sup>: BETTY BEARDSLEY**

### *New Staff, Welcome!*

Nancy Verduzco, RCC3  
Heather Stachel, Nutritional Services  
Sierra Evans, RCC3  
Samantha McCormick, RCC3

### IN LOVING MEMORY.....

\*MILLIE MUEDT  
\*ALMA KAEMPFT  
\*RICHARD PORBUSKY



### Upcoming Events!

April 2<sup>nd</sup>: Bill & Bonnie Stevens  
Music  
April 4<sup>th</sup>: Florist Demonstration with  
Wine & Roses Floral Company!  
April 5<sup>th</sup>: Steven Doyle Music  
April 12<sup>th</sup>: Patricia Stone Music  
April 13<sup>th</sup>: Michael Grueber Music  
April 19<sup>th</sup>: Bahama Bob Music  
April 24<sup>th</sup>: Music Doctors  
April 25<sup>th</sup>: Meal of the Month  
Luncheon  
April 26<sup>th</sup>: Resident Council Meeting

### Floral Demonstration!



**When: Wednesday, April 4<sup>th</sup>**  
**Time: 1:30 PM**  
**Where: Bistro**

\*Please join us for a special  
presentation from Peggy at Wine  
& Roses put together a spring  
floral bouquet design!