

## **Jefferson Memory Care February Resident Council Meeting –2/20/2018**

- **Staff Members Leading:**

Samantha Prisk, Life Enrichment Coordinator

Nic Hoover, Life Enrichment Assistant

- **What is resident council?**

- An organized, decision-making group of long-term care residents meeting regularly to voice their needs and concerns and to have input into culinary services, activities, policies, and issues affecting their lives in the facility.

### **NEW BUSINESS**

The February Resident Council meeting was attended by (20) residents and (1) family member. Tabitha Martin (RN), Bruce Fuller (Environmental Services Coordinator), Shareen Kinatader (Nutritional Services Coordinator), Samantha Prisk (Life Enrichment Coordinator), and Nic Hoover (Life Enrichment Assistant).

The JMC RC President MT and Vice President DM were present to call the meeting to order and lead the Pledge of Allegiance.

Everyone whom took part in this months meeting were overall pleased with the services provided at Jefferson Memory Care, with a few additions and comments. Summary as follows:

### **Nutritional Services: (Shareen Kinatader)**

#### **Announcements:**

- We are focusing on more “heart healthy” meals and overall healthier meal options here at Jefferson Memory Care and trying to implement more sugar free options for all.
- New meal boards are arriving and will be posted soon!

#### **Comments Include:**

- Overall the meals are great!
- A few residents asked for bigger portions and that will be implemented.
- 1 Resident asked for Steak & Shrimp, we will look into seeing if we could fit that in our budget.
- More mandarin oranges if possible as option for side/desserts

### **Administration (Ericka Goerlitz & Rebekah Kellogg)**

#### **Announcements:**

- No new announcements at this time

#### **Comments Include:**

- No comments from residents or family at this time.

### **Resident Health: (Tabitha Martin)**

#### **Announcements:**

- With great success of staff effort and infection control only 1 resident got Influenza thus far at Jefferson Memory Care and did not spread. We took deep measures to insure this and will continue to do so.

### **Comments Include:**

- Thank you for all the work you do to keep us safe and healthy!

### **Life Enrichment: (Samantha Prisk)**

#### **Announcements:**

- We will now be hosting each meal of the month in the Bistro! A chance for us to all get together once a month and socialize.
- Nic was hired as the FT Life Enrichment Assistant and Brandon is no longer with us to focus on his schooling as well as an internship in his field. Happy for him in his new adventures, sad to see him go!
- In March will we be having several new activities and special events! We have a Police K9 unit coming in, a St. Patrick's Day party, Meal of the Month Luncheon, Spring Break party, and many new things to add to our department to make sure there is something for everyone!
- We are working on more community coming in as well for special events.
- We got 3 new therapy pets in the facility, 1 cat and 2 dogs.

#### **Comments Include:**

- Thank you for not having anymore activities after dinner time, we don't feel obligated or guilty anymore to come down when we didn't want to.
- 2 residents want personal plants to keep in their rooms and enjoy, we will work on this when plants and flowers are in season soon and see about getting them!
- Thank you for the pet therapy animals, we know they're not real but we love them anyways!

### **Environmental services: (Bruce Fuller)**

#### **Announcements:**

- New blinds are being put up in the Bistro!
- Maria (housekeeper) will be leaving us sadly but we will be hiring a new housekeeper as soon as possible!

#### **Comments include:**

- None at this time, thank you for all you do. Building and rooms are all great!

### **Other questions/comments/concerns/feedback:**

Nothing at this time, overall everyone is happy and feels at home.

### **Meal of the Month:**

Residents have decided on a meal of the month for March:

- Corned beef and cabbage
- Roasted red garlic potatoes
- Mint ice cream (with chocolate chips and whipped cream on side)

The meeting was adjourned by Resident Council President MT.

Next Meeting: 3/22/2018 at 1:30pm in Bistro