



Editor: Sam Prisk,  
LE Coordinator  
sprisk@jeffersonmemory  
care.com

July 2018  
Newsletter

Jeffersonmemorycare.com

Jefferson Memory Care  
A happier life for everyone...



## Administraton Corner

Ericka Goerlitz, MHCA  
egoerlitz@jeffersonmemorycare.com

The month of June was sure fun, and the many days of raid didn't stop us one bit! We had musical performances by Gemini Entertainment, Patricia Stone, Jerry Zelm, Randy Kiel, and Bahama Bob. We also celebrated Father's Day a little early on the 16th, and started off Summer 2018 with a Summer Party on the 21st, and the Sassy Steppers put on a great line-dancing show for our residents to enjoy! Also during the Summer Party, we celebrated The Longest Day by wearing purple to bring further awareness and support for finding a cure for Alzheimer's Disease.

July is sure to be a fun month as well! Our larger events for the month include celebrating Independence Day, as well as a Resident Outing to the local theater for Movie Night. We booked music performer, Denny Diamond, for some more performances, and a new program we're excited to introduce is a skit/play of The Phantom of the Opera, performed by Hattie and Hazel, two young, local artists, and daughters to one of our caregivers. It's sure to be a new resident favorite! All staff, residents, families, and friends are welcome to attend any and all events held at Jefferson Memory Care as a way to further enrich the lives of each of our residents. We hope to see you there!

### SHINING STAR JULY

#### Laura Stenberg, RCC

July's Star employee of the month is Laura S. Laura has a kind heart and a gentle soul! She picks up whenever needed, and even working a lot of hours she comes in with a positive attitude and huge smile. Laura enjoys spending time with her daughters and loves time on the lake. She goes above and beyond in so many ways, we honestly lost count! She will do just about anything to make someone smile and her laugh is just as contagious as her positive outlook! If you see Laura, give her a big high five for all she does here at Jefferson Memory Care. Congrats, Laura!

Resident Health Services, Tabitha Martin, RN

Part of caring for and advocating on behalf of our residents and your loved ones includes understanding that each person is not a pillar in and of themselves. It is an understanding that as each individual progresses throughout their journey with dementia, their loved ones, their caregivers, their families and friends grieve slow and small losses with each decline. It is our effort to help you cope as well and to understand the challenges that you will face when communicating with your loved ones in our care.

The Alzheimer's Association has family support groups and forums available for family members coping with diagnosis of a loved one with dementia. I would like to share this site with you should you feel that one or more of the services available on their website may benefit you, or another member of your family. This is a great way to connect with others experiencing what you are, someone who can understand your experiences as they can share your view. Thank you for trusting us with the care of your family and we hope that this will benefit you as well.

The website: <https://www.alz.org/>

Notes From Dietary

Shareen Kinatader, Nutritional Services  
Coordinator

Dorito Chicken Recipe

- 1 can Cream of Chicken Soup
- 1 cup Sour Cream
- ½ tsp Garlic Powder
- 1 cup Nacho Doritos, Crushed/Divided
- 1 cup Shredded Cheddar Cheese
- 1 cup fajita chicken, cooked

Instructions:

1. Combine soup, sour cream, and garlic powder. Set aside.
2. In a greased pan, layer ½ cheese and doritos.
3. Add chicken and soup mixture on top of chip layer.
4. Top with remaining cheese and chips. Cover.
5. Bake at 350 F for 30 minutes. Enjoy!

Enviromental Services,

Bruce Fuller, Enviromental Services  
Coordinator

In June I have been working to make sure all the lawn and gardens are up to par! It's sure is nice to see all the colorful flowers out in the Courtyards as well as the front of the building.

Some more amazing news, we have a wonderful new Housekeeper, Dawn! She's been hard at work and is a wonderful fit here in the Enviromental Services Department and I'm excited to have her here! Please make her feel welcomed next time you see her in the hallways, it's hard not to miss that friendly smile of hers.

I also put up a cool new flag pole with the Red, White, & Blue in the front of our building in support of our wonderful country. Please take a look and tell me what you think next time you're here at Jefferson Memory Care.

## RESIDENT OF THE MONTH

Our Resident of the Month for July is Joanne P. Joanne is a hidden gem here at Jefferson Memory Care. She doesn't come out too often but when she does you can find one of the kindest hearts and biggest smiles we have at Jefferson Memory Care. If you're looking to get healthy, Joanne is an expert with organic eating and all natural lifestyle. We are honored to have you here Joanne, thank you for everything! Stop in her room and make sure to say congrats. Congratulations, Joanne!



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### Staff Birthdays in July

- \*July 1<sup>st</sup> - Shantavia A.
- \*July 16<sup>th</sup> - Laurie K.
- \*July 27<sup>th</sup> - Maria S.



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### RESIDENT BIRTHDAYS IN JULY

- \*JULY 6<sup>TH</sup>- SHARON R-W.
- \*JULY 16<sup>TH</sup> – SHIRLEY H.
- \*JULY 29<sup>TH</sup>- BOB B.



### *New Staff, Welcome!*

- \*Valentino M, Assitant Administrator
- \*Dawn, Housekeeper
- \*Bridget B, RCC
- \*Jayson L, RCC3
- \*Morgan W, RCC
- \*Nathan W, Cook

### IN LOVING MEMORY.....

- PAUL THORSTAD



### Upcoming Events!

- July 4<sup>th</sup>: 4<sup>th</sup> of July Party!
- July 6<sup>th</sup>: The Hazel & Hattie Show!
- July 7<sup>th</sup>: Monthly Birthday Party
- July 10<sup>th</sup>: Music by Alan Graveen
- July 12<sup>th</sup>: Music by Steven Doyle
- July 17<sup>th</sup>: Music By Bahama Bob
- July 18<sup>th</sup>: Resident Council
- July 19<sup>th</sup>: Music by Bill Webb
- July 24<sup>th</sup>: The Music Doctors
- July 25<sup>th</sup>: Meal of Month Luncheon
- July 26<sup>th</sup>: Music by Randy Kiel
- July 31<sup>st</sup>: Music by Bill & Bonnie Stevens

### Phantom of the Opera!

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**When: Friday, July 6th**

**Time: 3:30pm**

**Where: Bistro**

\*Please join us for a special live performance of Hazel & Hattie doing their first show of the Hazel & Hattie show! This showing will be the Phantom of the Opera!