



















Jefferson Memory Care

A happier life for everyone...

December 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1) 10:30 Chair Bowling  1:30 Music by Randy Kiel 3:00 Snacks in the Neighborhoods 4:00 Volleyball 6:00 Nature Club	2) 10:30 For the Love of Music  1:30 Life on the Farm  3:00 Chair Exercise 	3) 10:00 Exercise & Current Events 11:00 Bible Study  1:30 Bingo  3:00 Snacks in the Neighborhoods 4:00 Pet Day/Animal Ed Activity 6:00 Book Club	4) 10:30 Horserace Game  1:30 Yatzee  3:00 Snacks in the Neighborhoods 4:00 Parachute Fun/Walking Club 6:00 Men's Club	5) 9:30 Catholic Rosary/Communion 10:30 Special Event: Game Show 4:00 Exercise Video 6:00 History Club
	6) 1:30 Afternoon Devotions/Chair Stretches with Gospel Music  4:00 Sunday Night at the Movies  6:00 Card Club	7) 10:30 Cooking Club  1:30 Card Bingo 3:00 Snacks in the Neighborhoods 4:00 Stretches and Horseshoes 6:00 Art Club	8) 10:30 Chair Bowling 1:30 Cowboy Bob and his Dog Buddy 3:00 Snacks in the Neighborhoods 4:00 Armchair Travel 6:00 Nature Club	9) 10:30 For the Love of Music  1:30 Shake-loose-a Memory  3:00 Chair Exercise 	10) 10:00 Exercise & Current Events 11:00 Bible Study  1:30 Monthly Birthday 2:30 Pet Therapy 3:00 Snacks in the Neighborhoods 4:00 Word Search 6:00 Book Club	11) 10:30 Dice Baseball  1:30 Farkle  3:00 Snacks in the Neighborhoods 4:00 Crazy Pool/Walking Club 6:00 6:00 Hobbies and Collections

<p>13)</p> <p>1:30 Afternoon Devotions/Chair Stretches with Gospel Music</p>  <p>4:00 Sunday Night at the Movies</p>  <p>6:00 Card Club</p>	<p>14)</p> <p>10:30 Arts and Crafts</p>  <p>1:30 Look Good, Feel Good</p> <p>3:00 Snacks in the Neighborhoods</p> <p>4:00 Stretches and Horseshoes</p> <p>6:00 Art Club</p>	<p>15)</p> <p>10:30 Chair Bowling</p>  <p>1:30 Music by: Steven James</p> <p>3:00 Snacks in the Neighborhoods</p> <p>4:00 Put-Put Golf</p> <p>6:00 Nature Club</p>	<p>16)</p> <p>10:30 For the Love of Music</p> <p>1:30 Resident Council</p>  <p>3:00 Chair Exercise</p> 	<p>17)</p> <p>10:00 Exercise & Current Events 11:00 Bible Study</p>  <p>1:30 Bingo</p>  <p>3:00 Snacks in the Neighborhoods</p> <p>4:00 Hangman</p> <p>1. 6:00 Book Club</p>	<p>18)</p> <p>10:30 Horserace Game</p>  <p>1:30 Yatzee</p>  <p>3:00 Snacks in the Neighborhoods</p> <p>4:00 Parachute Fun/Walking Club</p> <p>6:00 Men's Club</p>	<p>19)</p> <p>9:30 Catholic Rosary/Communion</p> <p>10:30 Special Event: Game Show</p> <p>4:00 Exercise Video</p> <p>6:00 History Club</p>
<p>20)</p> <p>1:30 Afternoon Devotions/Chair Stretches with Gospel Music</p>  <p>4:00 Sunday Night at the Movies</p>  <p>6:00 Card Club</p>	<p>21)</p> <p>10:30 Cooking Club</p>  <p>1:30 Dice Bowling</p> <p>3:00 Snacks in the Neighborhoods</p> <p>4:00 Stretches and Horseshoes</p> <p>6:00 Art Club</p>	<p>22)</p> <p>10:30 Chair Bowling</p> <p>1:30 Bingo</p>  <p>3:00 Snacks in the Neighborhoods</p> <p>4:00 Tic-Tac-Toe</p> <p>6:00 Nature Club</p>	<p>23)</p> <p>10:30 Christmas Party Prep</p> <p>1:30 Christmas Party: Music by Bahama Bob</p> 	<p>24)</p> <p>Christmas Eve</p> <p>10:00 Exercise & Read News 11:00 Bible Study</p>  <p>1:30 Christmas Trivia</p> <p>3:00 Snacks in the Neighborhoods</p> <p>4:00 Ladder Ball</p> <p>6:00 Book Club</p>	<p>25)</p> 	<p>26)</p> <p>9:30 Catholic Rosary/Communion</p> <p>10:30 Interactive Games</p>  <p>4:00 Exercise Video</p> <p>6:00 History Club</p>

27)

1:30
Afternoon
Devotions/Chair
Stretches with
Gospel Music



4:00 Sunday Night at
the Movies



6:00 Card Club

28)

10:30 Arts and Crafts



1:30 Shut the Box

3:00 Snacks in the
Neighborhoods

4:00 Stretches and
Horseshoes

6:00 Art Club

29)

10:30 Chair Bowling



1:30 Horseshoes

4:00 Ring Toss

6:00 Nature Club

30)

10:30 Music Bingo

1:30
Music by Tony
Rocker



31)

10:00 Exercise &
Current Events

11:00 Bible Study



1:30
New Year's Party

3:00 Snacks in the
Neighborhoods

4:00 Plinko

6:00 Book Club

