

Jefferson Memory Care

"A happier life for everyone"

March/April 2015



Love is in the Air!

Jefferson Memory Care

When a loved one encounters memory issues, unique challenges arise for the person affected and their family members. We at Jefferson Memory Care know the emotions they experience and the importance that human kindness plays in helping. We also believe that assuring the Resident's personal dignity is the cornerstone of providing care.

Jefferson Memory Care

Valentine's Day Party

Jefferson Memory Care held a Valentine's Day Party on 2/14.



Music by Dick Larson



Family Friends And Fun!



Jefferson Memory Care

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Honoring Choices Wisconsin: Talk about Living at the End-of-Life

Too often in our health care system, patients do not receive the care they want as they approach the final weeks and months of their lives. Starting a conversation about end-of-life care is difficult for all of us, whether we are physicians, patients, family members, religious and community leaders or health care providers. It's really important, however, that these conversations happen. And once they occur, it is imperative that patients' choices are honored by those who care for them.

That's why Fort HealthCare, Rainbow Hospice Care, and the Jefferson County Aging and Disability Resource Center (ADRC) are collaborating to bring facilitated advance care planning conversations to our communities through a new program called *Honoring Choices Wisconsin*.

Advance care planning is a process for you to understand possible future health care choices; reflect on these choices in light of the values and goals important to you; discuss your choices with those closest to you and the health care professionals who care for you; and make a plan for future health care situations.

Honoring Choices Wisconsin is an initiative of the Wisconsin Medical Society that is seeking to make these kinds of conversations part of what it means to care well for people – in a way that is similar to how we've made immunizations, well-child visits, mammograms, and annual physicals a standard part of patient care.

Certified advance care planning facilitators from Fort HealthCare, Rainbow Hospice, and the Jefferson County ADRC are available to meet with you and your loved ones at a date, time, and location that is most convenient for you.

The conversation is free and may be scheduled by calling the Fort HealthCare Quality and Integrated Care at 920-568-5279.



Residents of the Month

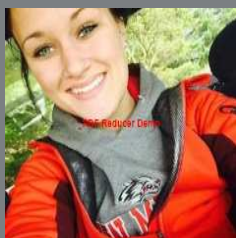
Our March Resident of the Month is Jon Parish. Jon is a native of Watertown, WI. and has two daughters. Jon worked as a tool and die maker and enjoyed billiards, hunting, fishing and shooting trap. He also passed the time playing cards with friends, reading and walking the dog.



April's Resident of the Month is Dorothy Faber. Dorothy and her husband Vincent lived in Milwaukee, WI and have one daughter. Dorothy enjoys playing cards, music, playing games and socializing with friends.



Shining Star Award Amanda Halfmann



Amanda is a dedicated and hard-working employee who is an exceptional care-giver and team-player. Her dazzling blue eyes and calm, laid-back demeanor make her a pleasure to be around. But don't let that mild-mannered personality fool you...when the going gets tough, Amanda is one of the first to jump into action and get the job done! Thank-you Amanda for everything you do!

Administration Corner

We have a lot to look forward to these coming months especially (hopefully) some warmer weather so we can use our courtyards.

In March we are one of the sponsors at the End of Life Care Conference hosted by Rainbow Hospice as well as the Watertown Wellness Expo.

We will also be opening "C" dining room towards the beginning of March. As our "C" wing fills up we will certainly need it.

As always my door is always open for families and staff members for any questions or concerns.

Hillary Holman, MBA
Community Relations/Administration



Notes From Resident Health Services

With the cold weather lingering around it is important to keep our loved ones safe and warm. With the extreme cold and high winds, try to stay inside. If you must go outside make the time outside as short as possible. If you must go outside remember to dress appropriately. Things you should wear: mittens, scarf, hat, and several layers. Make sure to cover your face with your scarf. Spring is just around the corner!

Rachel Westermeyer, RN



Cowboy Bob and his Dog Buddy!

When:

Tuesday, April 7, 2015 at 1:30pm

Where:

JMC Bistro

Who:

All Residents, Family, Friends and Staff

Cost: Free

JMC will be hosting a Senior Rodeo and hope you all can join us for an afternoon of authentic food, fun and Old Time Country Music!

Notes from Dietary

Greetings from the dining services staff at Jefferson memory care. We're all anxiously waiting for spring to come, bringing a new year to life. It will be an exciting time for us because it will give us the opportunity to start planning our small garden area for tomatoes and other veggies and herbs to use in our menus. Spring also brings the favorite holiday Easter. We're going to be planning a special noon menu to celebrate. As always, We welcome guests to join their family members for Easter Sunday. Advance notice is recommended. If you would like to bring the family and dine together we can accommodate you in our Bistro area as well.

I would also just like to send out a reminder regarding the dining rooms at mealtimes. It is in the best interest of our residents to maintain a relaxing and calm environment as much as possible. To do this we have been trying to keep unnecessary noise and activity to a minimum. This includes turning the TV off or volume muted and minimizing staff activities. I would like to ask for your assistance with this as well. If you are visiting with several family members please limit visitors in the dining room to only one or two individuals. Please feel free to enjoy one of our living rooms or the bistro to wait for your loved one to complete their meal. We can also serve their meal in the bistro if you would like to continue your visit during the mealtime.

Khris Perks, Nutritional Services Coordinator

Environmental Services

Just wanted to let you know I have put Velcro on the TV remotes. Thanks to one of our resident's suggestions, so far they have not gotten lost and can now easily be found by the residents. I know a lot of the residents are looking forward to having there bird feeders up, so it won't be long and we will be able to start this task, Please feel free to ask me for help if you would like, I am always willing to help our families out in any way possible. So let us all keep thinking Spring and maybe it will get here sooner 😊

Sally Cali
Environmental Services Coordinator



Feb/March Events and Activities

Every Monday Afternoon: For the Love of Music-Music Therapy

Every Thursday Afternoon: Music by JayMix (formerly Opals)

3/10 Music by Steven Doyle

3/17 St. Patrick's Day Party

3/18 Monthly Birthday Party

3/21 Music by Elvis

3/24 Music by Bahama Bob

4/3 Easter Egg Hunt with Easter Bunny Visit

4/7 Senior Rodeo with Music by Cowboy Bob and his Dog Buddy

4/15 Monthly Community Outing (location to be announced)

4/21 Music by Bahama Bob

Welcome New Staff:

Samantha Prisk RCC

Teresa Balcom RCC

Bridget Tietz Nutritional Services

Samantha Christenson Nutritional Services

Welcome new Residents:

Paul Thorstad

Shirley Thorstad



Resident Birthdays:

No Birthdays in March/April

Staff Birthdays:

3/24 Sally C

4/5 Kelly B

4/12 Michael L

