



Editor: Sam Prisk,
LE Coordinator
sprisk@jeffersonmemory
care.com

Jefferson Memory Care
A happier life for everyone...



Administraton Corner

Ericka Goerlitz, MHCA
egoerlitz@jeffersonmemorycare.com

April has been a busy month! We had a floral presentation, several music performances, and some new resident faces too! We wondered if Spring would ever arrive, and as the last few days of the month came about, so did some warmer weather and even a few April showers. Hopefully we'll soon see those May flowers!

Speaking of May and flowers, be sure to come over to JMC on Friday, May 11th to help us celebrate Mother's Day a little early! From 10a-11:30a, we will be celebrating the special women in our lives with a wonderful brunch. French Toast Casserole (one of our residents' favorites) is on the menu, and we invite you and your mother to attend! To ensure there is enough room for everyone, please RSVP to egoerlitz@jeffersonmemorycare.com or call 920-541-3520 and let us know.

There is plenty more going on in May as well! – Now that the patio furniture has been set out for our residents to enjoy some fresh country air, we're hopeful that more warm weather will follow. We also have some more music entertainers scheduled, so we encourage you to check out our Life Enrichment Calendar to see if there is an event you can attend. The more, the merrier!

As May comes to an end, we will be capping off the month focusing on healthful activities and meals because National Senior Health and Fitness Day is on May 30th. Our Life Enrichment and Nutrition Services Coordinators have some great programs and meals planned for the day, and all residents and their guests are encouraged to attend.

-Ericka Goerlitz, Administrator

SHINING STAR APRIL

JoAnn Angus, Nutritional Services

Please help us congratulate JoAnn on being May's Star Employee! JoAnn has established herself as a leader in the Kitchen for well over a year now. The residents and staff all love her fun personality and bright smile. She has a huge heart and can find the good in anyone, which makes her the perfect fit at Jefferson Memory Care! Reliable, dependable, and hard working are just a few of her attributes! You rock, JoAnn! Thank you for all you do !



Resident Health Services, Tabitha Martin, RN

**Don't' forget, May 6th is National Nurse Appreciation Day, Tabitha, We thank you for all you do! You're simply amazing!

This month in the nursing department we are looking forward to warmer days and more sunshine as I am sure most of you are as well. Influenza season appears to be coming to an end, we are pleased to report that we were able to make it through the winter with only 1 case of influenza! That said and with warmer weather upon us, our residents will be looking forward to getting out into the fresh air and sunshine.

A few reminders as you may visit your loved ones and wish to take them outdoors.....Elderly individuals are at high risk for sun burn and skin reactions to sun exposure, it does not take long on hot days for these folks to develop a sunburn or heat stroke, please offer fluids while outdoors, a hat to protect their face with sunscreen if needed for prolonged periods of time.

Also, with the spring and summer comes spring and summer colds or stomach bugs. If you are feeling ill please refrain from contact with your loved if possible one as this can easily be spread throughout our community of fragile and susceptible individuals. We thank you for your participation in keeping all of our residents healthy and comfortable.

Notes From Dietary

Shareen Kinatader, Nutritional Services Coordinator

In the Nutritional Services department we are fighting the winter blues with tasty meals and treats! We had cute "bunny cakes" for Easter, made in our own kitchen!



We recently enjoyed "Dr. Pepper" meatballs that had a flavor that warmed us from the inside out.

Winter just won't end, and the cold and flu season is sticking around also.

Everyone knows to wash their hands, but eating fruits and vegetables will also help your immune system fight the germs you may come in contact with.

Soon, (hopefully) we will be able to plant in our raised garden boxes and watch the vegetables grow!

Enviromental Services, Bruce Fuller, Enviromental Services Coordinator

Some fun information about the month of May!

- ▶ According to an old Cornish superstition, it was unlucky to buy a new broom in this month. And so was washing a blanket!
- ▶ Some people believed that if you got up on May 1st and washed your face in the May dew, it would remove all freckles and pimples, giving you a great complexion.
- ▶ Another belief was that babies born in May would be sick all through their childhood, and cats born in May wouldn't catch rodents but rather bring home snakes.

- The month was named after the Greek Goddess of Fertility, Maia. One famous poet suggests that the name comes from the Latin word, "maiores" which means "elders".
- No month other than May ever begins or ends on the same day of the week, in the same year. It may match with the months of the following year.
- May is the month of Autumn in the Southern Hemisphere, and spring in the Northern Hemisphere.
- The birthstone is emerald, which signifies love and success.

RESIDENT OF THE MONTH

Our Resident of the Month for May here at Jefferson Memory Care is Nancy Christianson. Besides having one of the most contagious laughs we've ever heard, she's always laughing and joking around! When she's not watching the birds from her window, you can assume she's dreaming about the love of her life, Elvis. If you're every feeling down, just stop by and have a visit, you'll always leave with a smile. It's an honor to have Nancy with us to say the least! Congratulations, Nancy!



Staff Birthdays in May



May 5th: Hector S.
May 19th: Bruce F.
May 24th: JoAnn A.
May 24th: VonJoe J.
May 25th: Brielle J.
May 26th: Ericka G.
May 29th: Anna S.

RESIDENT BIRTHDAYS IN MAY



MAY 3RD: AMY F.
MAY 5TH: DELORIS K.
MAY 21TH: CAROL N.
MAY 29ST: JOANNE P.
MAY 31ST: NODRA R.

New Staff, Welcome!

Jordan A, RCC3
Megan M, Nutritional Services
Shantavia A, RCC3
Benjamin V, RCC
Miranda D, RCC3
Charity M, Housekeeping
Zana S, RCC3
Rasheeda S, RCC3

IN LOVING MEMORY.....

*ROCKIE PROVENZANO
*BONNIE PORBUSKY



Upcoming Events!

May 3rd: Monthly Birthday Party

May 8th: Alan Graveen Music

May 10th: Bill & Bonnie Stevens
Music

May 10th: Pet Therapy

May 11th: Mother's Day Brunch!

May 15th: Bahama Bob Music

May 17th: Al Anderson Music

May 22nd: Resident Council Meeting

May 24th: Randy Kiel Music

May 30th: Luncheon & Senior Fitness
& Health Day!

May 31st: Cowboy Bob Music

Mother's Day Brunch!



When: Friday, May 11th

Time: 10-11:30 AM

Where: Bistro

*Please join us for our 3rd annual
Mother's Day Brunch! Bring your
loved ones and come celebrate
with a special sit down meal!