

Jefferson Memory Care

“A happier life for everyone”

November/December 2017

Jefferson Memory Care

When a loved one encounters memory issues, unique challenges arise for the person affected and their family members. We at Jefferson Memory Care know the emotions they experience and the importance that human kindness plays in helping. We also believe that assuring the resident's personal dignity is the cornerstone of providing care



Lorem Ipsum

**Great Food,
Family
Friends
And Fun!**



PDF Reducer Demo



Jefferson Memory Care
414 County Hwy Y
Jefferson, WI 53549
www.jeffersonmemorycare.com
E: bkellogg@jeffersonmemorycare.com
P: 920-541-3520



Our **Resident of the Month** is Barb Carlson! Barb has been with us for quite a while, and loves to talk about current events, future plans, and happy moments. Barb enjoys bingo and cooking club, and always has something positive to say. Say hello to Barb!



Star Award Beverly Jackson



The Shining Star for January is Beverly Jackson. Beverly always takes time out of her day to help others. She is passionate about our residents, and loves to make great food and give warm smiles. She always has an ear for listening for everyone. Bev makes sure to lend a hand to everybody she meets. Great job, Bev!

Alzheimer's Myths

Myth 1: Memory loss is a natural part of aging.

Reality: As people age, it's normal to have occasional memory problems, such as forgetting the name of a person you've recently met. However, Alzheimer's is more than occasional memory loss. It's a disease that causes brain cells to malfunction and ultimately die. When this happens, an individual may forget the name of a longtime friend or what roads to take to return to a home they've lived in for decades.

It can be difficult to tell normal memory problems from memory problems that should be a cause for concern. The Alzheimer's Association has developed treatments. If you or a loved one has memory problems or other problems with thinking and learning that concern you, contact a physician. Sometimes the problems are caused by medication side effects, vitamin deficiencies or other conditions and can be reversed with treatment. The memory and thinking problems may also be caused by another condition.

Myth 2: Alzheimer's disease is not fatal.

Reality: Alzheimer's disease has no survivors. It destroys brain cells and causes memory changes, erratic behaviors, and loss of body functions. It slowly and painfully takes away a person's identity, ability to connect with others, think, eat, talk, walk, and find his or her way home.

Myth 3: Only older people can get Alzheimer's

Reality: Alzheimer's can strike people in their 30s, 40s, and even 50s. This is called younger-onset Alzheimer's. It is estimated that there are more than 5 million people living with Alzheimer's disease in the United States. This includes 5.2 million people age 65 and older and 200,000 people younger than age 65 with younger-onset Alzheimer's disease.

Myth 4: There are treatments available to stop the progression of Alzheimer's disease

Reality: Currently, there is no treatment to cure, delay or stop the progression of Alzheimer's disease. FDA-approved drugs temporarily slow worsening of symptoms for about 6 to 12 months, on average, for about half of the individuals who take them.

Administration Corner

My name is Ericka Goerlitz, and I am excited to embark on this new journey of becoming Jefferson Memory Care's newest Administrator! I'm eager to get to know each of the residents and caregivers!

Sincerely,

Ericka Goerlitz, Administrator

Notes From Resident Health Services

We are excited to announce that we have a new Nurse starting in December here at Jefferson Memory Care! Tabitha Martin will be an excellent addition to our team and is ready to be a great asset for our residents! We also have a new RHC starting, Nicole Novakovich! She is excited to learn about our residents and to serve our community! Welcome to the team!

Ericka Goerlitz



Nicole Novakovich



JMC X-mas with the King

**Thursday, December 7th, 2017
1:30pm**

Music by Alan Graveen

In the JMC Bistro

**Family and Friends are
Welcome**

We hope you all can join us for an afternoon of Elvis, snacks, and Christmas revelry.

Notes from Dietary

The Jefferson Memory Care Nutritional Services Department employees would like to extend warm wishes to you and your families throughout the holiday season. We will continue to serve food that is wholesome throughout the holiday season. Join us for a meal!

Environmental Services

Jefferson Memory Care wants to give a warm welcome to Bruce Fuller, our new Environmental Services Coordinator! Bruce is the father of one of our RHC's, Alex Fuller. He has a warm heart and a desire to serve. Say hi to Bruce!

Staff Birthdays:

Nov 1 – Nicole N.	Dec 3 – Mary B.
Nov 3 – Wendy H.	Dec 5 – Brandon K.
Nov 18 – Tim L.	Dec 15 – Shareen K.
Nov 22 – Michelle H.	Dec 22 – Hannah C.
Nov 24 – Rebekah K.	Dec 29 – Tammy B.

Resident Birthdays:

Nov 9 th : Doris Z.	Dec 1 st : Lilly B.
Nov 11 th : Marlene E.	Dec 1 st : Nancy C.
Nov 16 th : Duane P.	Dec 4 th : Char S.
Nov 21 st : Paul T.	Dec 7 th : Dolores C.
	Dec 19 th : Bonnie P.
	Dec 21 st : Carol L.
	Dec 22 nd : Linda N.
	Dec 24 th : Merry K.

Upcoming Events in December:

Bible Study: Every Tuesday @ 10:30AM
Pet Therapy: Every 2nd Thursday @ 2:30PM
Cooking Club: Every Tuesday @ 9AM

Dec. 5th: Cowboy Bob

Dec. 7th: Alan Graveen Elvis

Dec. 11TH: Resident Council

Dec. 12th: Steven Doyle

Dec. 14th: Jerry Zelm

Dec. 21st: Music Doctors

Dec. 23rd: Bahama Bob & Birthdays!

Dec. 26th: Gemini Entertainment

Dec. 28th: Bill Webb

New Staff:

Keith Bowling, Dietary Aide
Ashley Sanchez, RCC3
Nicole Novakovich, RHC
Cindy Chapman, RCC3
Bruce Fuller, EV Coordinator
Ariel Short, RCC3
Diana Jaquith, RCC
Laura Stenberg, RCC
Ericka Goerlitz, Administrator
Nic Hoover, RCC
Tabitha Martin, Nursing Services Coordinator

New Residents:

Shirley H.

In Memory.....

- ❖ *June Stamos*
- ❖ *Harley Frey*
- ❖ *Margaret Hafemann*
- ❖ *Norma Elgas*
- ❖ *Helen Reed*