

Jefferson Memory Care

A happier life for everyone

November/December 2014



Welcome JMC

Jefferson Memory Care

When a loved one encounters memory issues, unique challenges arise for the person affected and their family members. We at Jefferson Memory Care know the emotions they experience and the importance that human kindness plays in helping. We also believe that assuring the resident's personal dignity is the cornerstone of providing care.

Jefferson Memory Care Open House

Jefferson Memory Care held our open house on October 29th and 30, 2014. The staff is committed to provide person-centered care that meets the needs of each individual and to provide a safe place to maximize their health and quality of life.



Ribbon Cutting Ceremony



Fine Cuisine...



Music by
Bahama
Bob



Our
Dedicated
Staff

Jefferson Memory Care

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Volunteer With Us!

The Opportunities are endless:

1:1 visits with Residents

Cribbage

Musical Performances

Decorating

Making Crafts

Storytelling

Game and Card Playing

Pet Therapy

Please contact Kelly Buss at 920-541-3520 or email me at kbuss@amerymemorycare.com if you are interested in volunteering at JMC.



Shining Star Award Marcie Smith



A job well done! She is described as being a dedicated hardworking employee who is willing to help anyone. She enjoys her job and always has a smile on her face.



Understanding and respecting the person with dementia

It's very important that people with dementia are treated with respect. It is important to remember that a person with dementia is still a unique and valuable human being, despite their illness. This factsheet looks at ways that you can help the person to feel valued and good about themselves.

Offering simple choices

Make sure that, whenever possible, you inform and consult the person about matters that concern them. Give them every opportunity to make their own choices.

When you are helping someone, always explain what you are doing and why. You may be able to judge the person's reaction from their expression and body language.

People with dementia can find choice confusing, so keep it simple. Phrase questions so that they only need a 'yes' or 'no' answer, such as 'Would you like to wear your blue jumper today?' rather than 'Which jumper would you like to wear today?'

Tips: maintaining respect

Avoid situations in which the person is bound to fail, as this can be humiliating. Look for tasks that they can still manage and activities they enjoy.

Give plenty of encouragement. Let them do things at their own pace and in their own way.

Do things with the person, rather than for them, to help them retain their independence.

Break activities down into small steps so that they feel a sense of achievement, even if they can only manage part of a task.

Our self-respect is often bound up with the way we look. Encourage the person to take pride in their appearance, and compliment them on how they look.

Try not to correct what the person says to you, the accuracy of the information is not as important as what the person is trying to express.

PDF Reducer Demo

Welcome to Jefferson Memory Care

Jefferson Memory Care welcomed our first resident on Monday, November 17th. Thanks for all staff, residents, friends and family who helped prepare the facilities to make this possible.

To help everyone become acquainted, Jefferson Memory Care will hold a Welcome Party for residents, families and staff on the first Friday of the month at 1:30pm. Snacks and drinks will be served.



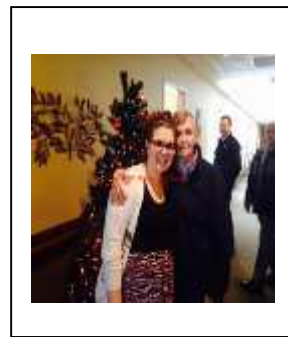
As winter is upon us already, make sure your loved one has all the winter gear to keep them warm inside and outside. For outside – Gloves, Hat, Winter Coat, Boots. For inside, warm clothes such as sweaters, warm socks, slippers, robes, warm pajamas.

Thank You!!

To the Opals musical group. Each Thursday afternoon, residents and staff alike are treated to an afternoon filled with tunes from the Big Band era. We are very fortunate to have the Opals as a regular part of our JMC family.



More JMC Fun.....



Winter Luau

When:

Tuesday, January 20, 2015 at 1:30pm

Where:

JMC Bistro

Who:

All Residents, Family, Friends and Staff

Cost: Free

JMC will be hosting a **Winter Luau** and hope you all can join us for our holiday luncheon.

Wear your favorite Hawaiian shirt, or grass skirt and enjoy an afternoon of authentic food, fun and music by Bahama Bob.

Notes from Dietary

With the holidays all coming up, a quick reminder from the kitchen at Jefferson Memory Care. Please make sure if you are planning on dining with us, call or check in 3 hours prior to meal time so that the kitchen can prepare. We will accept cash and checks made out to Jefferson Memory Care. You are always welcome to bring in your own food as well and dine with your loved ones.

Meal Prices:

Breakfast - \$4.00 per person

Dinner - \$6.00 per person

Supper - \$5.00 per person

Thank you!

Resident Birthdays



11/30 Kathleen Groskoph
12/24 Arnold (Bud) Strege

Staff Birthdays

11/8 Hillary Holman
11/24 Rebekah Kellogg
12/20 Alexandra Lueck
12/29 Tammie Buchli



December Events and Activities

12/3 Welcome to Memory Care Party
12/4 Music by the Opals
12/10 Monthly Birthday
12/11 Music by the Opals
12/17 Christmas Bingo
12/18 Music by the Opals
12/23 Resident Christmas Party
12/25 Merry Christmas
12/31 New Year's Eve Party
More December events to come

Welcome New Staff:

Hillary Holman, Administrator
Rebekah Kellogg, Customer Service Representative
Marie van Lieshout, Resident Health Coordinator
Sally Cali, Environmental Services
Kelly Buss, Life Enrichment Coordinator
Khris Perks, Nutritional Services Coordinator
Susan Strese, Nutritional Aide
Tammy Buchli, RCC3
Vanessa Gonzolez, RCC3
Amanda Halfmann, RCC3
Alexandria Lueck, RCC3
Marcie Smith, RCC3

Welcome new Residents:

Kathleen Groskoph
Arnold (Bud) Strege
Paul Breitsprecher
Alice Mattroon
John Parish

