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Jefferson Memory Care
A happier life for everyone...



Administraton Corner

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Hello Everyone,

We here at Jefferson Memory Care hope you have had a wonderful September. This past month the staff received training on recognizing pain with non-verbal residents. For those residents whom are non-verbal, non-typical means of communication is very important. Staff will greatly benefit from learning about how to read and understand fascial expressions and body language.

We have been continuing to welcome new friends to our caring crew. They all look forward to getting to know your loved ones and giving them the care and attention they need. We are also continuing to welcome new residents to our home and we are eager to get to know them as well.

October 31st is Halloween. Enjoy all the sweets and treats trick or treating with all the little ones. Hope you all have a fun October. If you have any questions feel free to contact us. 920-541-3520.

-Jeremy Wiese & Tim Loesing, Administration Team

SHINING STAR OCTOBER

Lakeyta, RCC3

Octobers' star employee of the month is Layketa S. Lakeyta graduated from UW Whitewater as a Registered Nurse and to say she will make an awesome addition to any work environment she's in is a huge understatement! We adore her professionalism as well as kind words and big heart. She's getting married quite soon and we couldn't be happier for her! She loves to travel around the world and we love to look at the beautiful places she goes! We wish we could mulitply Lakeyta, she's simply the best! Congrats to you Lakeyta, and a huge thank you for all you do!

Resident Health Services

As we enter into fall and watch all the leaves turn to beautiful colors, and get out the comfy pajamas and hot coco there is something we have to be mindful of. Flu season is around the corner, it is most common during the fall and winter months. It is predicted that flu season will come early in 2019, so there are some things we should watch for in ourselves as well as our loved ones. The first signs of the flu can be sudden, causing excessive fatigue, extreme weakness, and tiredness which can interfere with your daily activities. The symptoms we should look out for are fever, chills, cough, sore throat, runny or stuffy nose, muscle and body aches, headaches, fatigue, and possible vomiting, and diarrhea.

According to the center for disease control and prevention an uncomplicated influenza infection can last from 3 to 7 days in most people. The single best way to prevent the seasonal flu is to get vaccinated each year. Also good health habits can help lessen your chances of contacting the flu. You should always cover your cough, as well as wash your hands often this will help stop the spread of germs and prevent illness.

-With Love, Alex, Angie, Nicole, & Jayden (Resident Health Coordinators)

*Welcome,
New
Residents!*

*Lorraine
*Kathleen
*Peter

Environmental Services, Bruce Fuller, Environmental Services Coordinator

Observing Fire Prevention Month

October has been designated as National Fire Prevention Month -- a time when public service departments across America join forces to spread the word about fire safety.

Our contribution to this public awareness Campaign comes in the form of asking people to learn the difference between smoke detectors and know what you have in your own home.

To simplify things there are two primary types of detectors; Photoelectric and Ionization. The Photoelectric detector is more sensitive to a smoke producing fire while the Ionization detector reacts to heat producing fires that do not produce high levels of smoke. There is a third option that is highly recommended, the Dual Sensor Alarm. This dual sensing technology is sensitive to both heat and smoke producing fires. Why take a 50/50 chance that you have adequately protected everything that matters to you when you don't have to?

Considering you never know what type of fire might occur in an emergency, we strongly suggest the exclusive use of Dual Sensor Detectors throughout your home and business. The use of an Ionization style detector in the kitchen to reduce nuisance alarms caused while preparing food is the only exception we would ever consider. Don't put this off and make sure you have an active carbon monoxide system in your home. Happy Halloween!!!

RESIDENT OF THE MONTH

Our Resident of the Month for October is Betty B. Betty has been with our JMC family for a little over 2 years now and the loving impact will not be one to forget! Betty has the sweetest voice, laugh, and personality we quite possibly think of anyone we have ever met. She has an adoring family who we just can't get enough of! A huge music and pet lover, Betty always goes out of her way to love every living thing around. Betty, we just plain love you! Thank you for choosing us!



Heather Stachel, Nutritional Services Coordinator

October 29th is National Oatmeal day so here are 7 reasons to eat oatmeal

1. Oats can lower your cholesterol, Stabilize your blood sugar and help you go
2. Oats may protect your heart and colon
3. Oats make an easy balanced breakfast
4. Oats provide important vitamins and minerals
5. Oats are gluten free
6. Oats may help you control your weight
7. Oats can be savory too



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Staff Birthdays in October:



- *10/3- BRIDGET
- *10/7- NICOLE
- *10/12- BREANNA
- *10/15- CHEYENNE
- *10/24- MARISSA

PDF Reducer Demo

RESIDENT BIRTHDAYS IN OCTOBER:



- *10/9- Duke
- *10/25- Don
- *10/25- Bill

New Staff, Welcome!

- *Stephanie
- *Nicole
- * Julia
- *Marcie
- *Nickie

IN LOVING MEMORY.....

*JODEAN G.



Upcoming Events!

***Tuesdays- Bible Study at 11am**

- 10/1- Bobby D Music
- 10/3- The Music Doctors
- 10/8- Cowboy Bob Music
- 10/10- Bill Hill Music
- 10/15- Bahama Bob Music
- 10/17- Jerry Zelm Music
- 10/22- Bill Webb Music
- 10/24- Jesse Walker Music
- 10/25- Terry Walker Vantriliquist
- 10/29- Oktoberfest with Patricia Stone Music
- 10/31- Halloween Bash with Al Anderson Music

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Halloween Party!



When: Thursday,

October 31st

Time: 1:30-2:30pm

Where: Bistro

Come join us for some spooky fun with live music, snacks, and fun this

Halloween! Kids welcomed!