

September/October 2017

Jefferson Memory Care

When a loved one encounters memory issues, unique challenges arise for the person affected and their family members. We at Jefferson Memory Care know the emotions they experience and the importance that human kindness plays in helping. We also believe that assuring the resident's personal dignity is the cornerstone of providing care.



Bee Museum!



Marlene working on some knitting!



**Great Food,
Family
Friends
And Fun!**



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Resident of the Month

Sandy Riedel:

Congratulations to Sandy for being our resident of the month for September! Sandy is a friendly and outgoing resident that loves to chat about life and goals. She has a good sense of humor, and loves to make people laugh! Say hi to Sandy!

Mary Strese:

Mary is our resident of the month for October! Mary loves to sing and often comes down to the bistro to have a good time at all of our activities! She always loves to play cards or dice with anyone!



SHINING STAR AWARDS! PDF Reducer Demo September – Debbie Benson

Debbie has been a huge asset to our team at JMC, ever since she started about a year ago! She has a HUGE passion to providing quality care to the residents and has developed so many positive relationships with not only the residents, but with other staff members and members of the community! She's always willing to help out when needed!

July – Shareen Kinateder

Shareen has been an excellent addition to our team, and a real leader in the kitchen! She is our AM Cook, and is always looking to help the residents in any way she can! Whenever she can help and add her expertise to a situation, she does! Congratulations, Shareen!

Myth 1: Memory loss is a natural part of aging

Reality: As people age, it's normal to have occasional memory problems, such as forgetting the name of a person you've recently met. However, Alzheimer's is more than occasional memory loss. It's a disease that causes brain cells to malfunction and ultimately die. When this happens, an individual may forget the name of a longtime friend or what roads to take to return to a home they've lived in for decades.

It can be difficult to tell normal memory problems from memory problems that should be a cause for concern. The Alzheimer's Association has developed. If you or a loved one has memory problems or other problems with thinking and learning that concern you, contact a physician. Sometimes the problems are caused by medication side effects, vitamin deficiencies or other conditions and can be reversed with treatment. The memory and thinking problems may also be caused by other issues.

Myth 2: Alzheimer's disease is not fatal

Reality: Alzheimer's disease has no survivors. It destroys brain cells and causes memory changes, erratic behaviors and loss of body functions. It slowly and painfully takes away a person's identity, ability to connect with others, think, eat, talk, walk and find his or her way home.

Myth 3: Only older people can get Alzheimer's

Reality: Alzheimer's can strike people in their 30s, 40s and even 50s. This is called younger-onset Alzheimer's. It is estimated that there are more than 5 million people living with Alzheimer's disease in the United States. This includes 5.2 million people age 65 and older and 200,000 people younger than age 65 with younger-onset Alzheimer's disease

Myth 4: There are treatments available to stop the progression of Alzheimer's disease

Reality: At this time, there is no treatment to cure, delay or stop the progression of Alzheimer's disease. FDA-approved drugs temporarily slow worsening of symptoms for about 6 to 12 months, on average, for about half of the individuals who take them.

Administration Corner

Hello everyone! I would like to remind everyone that we will be hosting a gender reveal party on September 9th at 1:30pm! The only person who knows the gender of the baby is my assistant, Rebekah! Please come and enjoy food, fun, and determine the gender of new baby Wiebusch!

**Noelle Wiebusch,
Administrator**



Notes From Resident Health Services

A warm and special welcome to our new Registered Nurse Dulcinea Galvaniz! She is excited to get to know all of our residents! We would like to extend a special thank you to Rachel Westermeyer for her dedicated service for JMC!



JMC Halloween Party

**Tuesday, October 30th
4PM**

**In the JMC Bistro
Family and Friends are
Welcome**

**We hope to see you for our
event!!**

**Come to participate in activities
like apple bobbing and
3 leg race! Kids & Family
Welcome!**



March/April

Events and Activities

Every Tuesday Morning: Bible Study
Every Thursday Morning: BINGO
Every 2nd Thursday Afternoon: Pet Therapy

September 1st: Bill & Bonnie Stevens
September 5th: Gemini Entertainment
September 7th: Jeanette Crosswait
September 8th: Frosty Freeze Outing
September 12th : Steven Doyle
September 14th: Resident Council
September 17th: Geumetlicheit Parade
September 19th: Bahama Bob
September 21th: Bill Webb
September 26th: Jerry Zelm

October 3rd: Patricia Stone, Blue Accordion
October 8th: Jessie Walker
October 10th: Dick Larson
October 12th: Resident Council
October 17th: Bahama Bob
October 18th: Bill & Bonnie Stevens
October 19th: Bill Webb
October 24th: Bill Hill
October 26th: Jeanette Crosswait
October 27th: Michael Gruber
October 31st: JMC Halloween Party

WELCOME NEW STAFF:

-Alexia Matt
-Jazmin Medina
-Dulcinea Galaviz
-Laykeyta Steele
-Anna Schmelling
-Samantha Ziglinski
-Wendy Haugom
-Amy Holcomb
-James Boyd

WELCOME NEW RESIDENTS:

Vickie M. Nodra R.
Wally & Mary S.

Dietary

Candy Olsen, Nutritional Services Coordinator:

The NS department will be starting to use the fall and winter menu starting in September. You can look forward to eating more comfort foods such as casseroles, stews, chili.

The NS staff would like to thank all you for the compliments we receive from you regarding the food that the department prepares and serves to all of you.

Please keep in mind that you are more than welcome to stop and see me if you have any food related concerns or if you just want to chat with me.

Environmental Services

Brandon Kellogg, Substitute Environmental Services Coordinator:

We would like to thank Dennis Wellnitz for all of his service to JMC! Dennis has decided to retire to spend more time with family and his farm. Good luck Dennis!

Resident Birthdays

September:

2nd – Sheila Cox
3rd – Gerald Goedert
22nd – Kristina Quest

October:

8th – Clementine Wing
9th – Duane Kakuschky
27th – Alma Kaempf

Staff Birthdays

September:

1st – Debra B.
2nd – Jayden R.
13th – Alex F.
24th – Samantha P.

October:

4th – Elaine F.
13th – Heydy T.
30th – Amy H.

In Loving Memory....

† Vanita Abel

