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Jefferson Memory Care
A happier life for everyone...



Administraton Corner

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Hello Friends,

The staff here at Jefferson Memory Care hope you have had a wonderful August and spending the remaining days of summer productively, and with some extra vacation days thrown in. We are also happy to report that our baby ducks from the courtyard have flown off.

This month we had certain members of our staff, take extra dementia training through the University of Oshkosh, and our RHC Jayden had training to teach our staff about first aid and choking.

We hope you will all be able to join us in September for our five-year anniversary picnic at Stoppenbach park in Jefferson. This will take place on the 21st from one to three. If you would like more information, please contact Sam.

We have been continuing to welcome new faces to our care staff. They all look forward to getting to know your loved ones and giving them the loving care, they need.

We are also continuing to welcome new residents to our facility and we look forward to getting to know them as well.

Have a terrific Labor Day and an enjoyable September. If you have any questions, feel free to contact us. 920-541-3520.

**-Jeremy Wiese & Tim Loesing,
Administration Team**

SHINING STAR SEPTEMBER

Sonia, Cook

Septembers' star employee of the month is Sonia. Sonia has only been with our community for a short period of time but her infectious smile and positive attitude do not go unnoticed! She spreads love and joy to every staff member and resident she comes across and is so helpful with anyone in need! She truly is one of a kind and we couldn't imagine our team without her. She has a loving husband and they just adore each other. If we could multiply Sonia's laugh, work ethic, and attitude, we would all be in trouble with our jobs! Thank you so much! Congrats, and a huge thank you for all you do!

Resident Health Services

This September we want to recognize Pain Awareness Month. As some of you may know, there are many loved ones in our care that cannot express their pain. It is simple for someone living on their own to take a Tylenol or ibuprofen if they have an ache or discomfort. However having dementia or other health conditions can complicate this task for those who live at JMC. We wanted to share with the families of our residents that in our charting system we have something that is called a PAINAD. This means Pain Assessment in Advanced Dementia Scale. This is a report staff can fill out that triggers them to look for non-verbal signs of pain from our residents. Often times pain also is expressed through anger or anxiousness, and it can be hard to recognize that. The biggest thing to remember is that there is always a message behind a behavior, positive or negative, that someone expresses. It is our team's job to remember and recognize that. We also will be having an in-service during our all staff meeting this month about recognizing pain in those with dementia.

-With Love, Alex, Angie, Nicole, & Jayden (Resident Health Coordinators)

*Welcome,
New
Residents!*

**Bob
*Lenny
Carmen

Enviromental Services, Bruce Fuller, Enviornmental Services Coordinator

Well, it's that time of year again, we prepared for the Autumn weather! I will be working hard to make sure all the buildings/landscaping are in adequate condition as we start to plan for the cooler weather. As most of you have noticed, Momma Duck and the 8 Ducklings have flown the coop and the few that were left behind were gently captured and released with the 100 other ducks in town on the river a few weeks ago!

In other news, we have a wonderful new full time housekeeper, Lucy! She's fitting in quite well and we are so glad to have her on board as a awesome new team member. Thanks for all you've done already, Lucy!

RESIDENT OF THE MONTH

Our Resident of the Month for September is Bob M. Bob has been a part of our family for going on two and a half years now and we couldn't imagine our community without him! He makes sure to do his morning rounds and hugs every staff member he sees. He loves fishing, hunting, and horses. Bob's a huge family man and talks of his family quite often and has some funny stories to share. Bob, you truly are one of a kind! Thank you for all you've done for us and our country! Bob, thank you for choosing us!



Heather Stachel, Nutritional Services Coordinator

How to stay healthy this flu season

Wash your hands frequently

Eat a healthy diet rich in vitamins C and E

Foods containing these vitamins are believed to help support the immune system. Foods rich in vitamin E include Sunflower and corn oils, sunflower seeds, and nuts such as almonds and peanuts. You can get your vitamin C from foods like orange juice, citrus fruit, broccoli, and green peppers. Make an effort to reduce your intake of concentrated sugars (candy and soda)

Get good sleep

Stay Hydrated

Stay healthy this flu season

JMC Kitchen



Staff Birthdays in September:



- *09/01- Debbie B.
- *09/06- Mady C.
- *09/12 - Jayden
- *09/14- Alex F.
- *09/16- Tabby H.
- *09/18- Keith B.
- *09/24- Sam P.

RESIDENT BIRTHDAYS IN
SEPTEMBER:



- 09/03- LEELEN
- 09/17- LYLE
- 09/20- ELMER
- 09/21- LILLIAN
- 09/25- BOB

New Staff, Welcome!

- * Tabby
- *Cynthia
- *Dee
- *Cassie

IN LOVING MEMORY.....

*RON U.



Upcoming Events!

***Tuesdays- Bible Study at
11am**

- 9/3- Jerry Zelm Music
- 9/5- Steven Doyle Music
- 9/10- Alan Graveen Music
- 9/12- Bill Webb Music
- 9/16- Card Making
- 9/17- Bahama Bob Music
- 9/19- Gemini Entertainment
- 9/24- Bill & Bonnie Stevens Music

5th Anniversary
Picnic!



When: Saturday, Sept.

21st

Time: 1-3pm

**Where: Stoppenbach
Park, Jefferson**